Islamic traditions have no established precedence for celebrating new year.

Celebrations are good, but should be tied to a higher purpose that is noble, praiseworthy and rewarding.

A new year, month or day are all opportunities for reflection. What have we done and what are we doing next?

Allah did not create us nor the heavens, earth and everything in between, in vain.

Thus, we should also ensure our actions are of benefit in some legitimate way, whether in this world, the Hereafter or both.

Merely satisfying our desires is not a legitimate purpose.

Surah al-‘Asr tells us that each passing moment is leaving us in a loss, except for those who 1) believe, 2) do good deeds, 3) encourage people towards the truth, 4) encourage people towards patience.

Hadith of the Prophet Muhammad ﷺ:

"Part of the perfection of one's Islam is his leaving that which does not concern him.” (Recorded by Tirmidhi)

**Take Action**

Reflect on the passing of time: How have you been using your time?

Find activities that you can do that are of most benefit. Drop the ones that are harmful or of very little benefit.

Develop an 12-month personal plan. Find a template at http://www.soundvision.com/info/development/annual.asp