

Khutbah Lecture Summary - Friday, December 5, 2014

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Topic: Our attitudes towards disabilities

- Allah tests each person in different ways. (Quran - 2:155)
- Some may even be tested through the blessings or difficulties sent to others. (Quran - 6:36)
- Everybody has strengths and weaknesses. Some are visible, others are not. (*What are yours?*)
- Once abilities are affected in a major way, we refer to the individual as a "person with disability".
- In many cultures, persons with disabilities are shunned, ignored and pushed to fringes of society. (*How do you see people with disabilities?*)
- Aban ibn Uthman said: I heard Uthman ibn Affan (his father - may Allah be pleased with him) say: I heard the Messenger of Allah (ﷺ) say: If anyone says three times, "In the name of Allah, when Whose name is mentioned nothing on Earth or in Heaven can cause harm, and He is the Hearer, the Knower," he will not suffer sudden affliction till the morning, and if anyone says this in the morning, he will not suffer sudden affliction till the evening. (Recorded by Abu Dawood - Saheeh)

Take Action

- Learn the supplication for protection against sudden affliction, to be recited thrice in the morning and evening:

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّهُ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ

In the name of Allah, when Whose name is mentioned nothing on Earth or in Heaven can cause harm, and He is the Hearer, the Knower

- Find at least one way that you can be more considerate, respectful or inclusive towards persons with disabilities.
- Offer support to organizations such as the *Canadian Association of Muslims with Disabilities* (www.camd.ca) and *Ihsan Community Services in Ottawa* (www.ihsanservices.com).